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INFORMATION FOR PATIENTS REQUESTING COIL FITTING

1 WEEK BEFORE THE COIL FITTING APPOINTMENT:

- **Under 25 years old**
Please consider having a chlamydia urine test. No appointment necessary. (Please ask for testing kit at reception).
- **Over 25 years old**
Please consider a swab test to exclude infection, if you have had a new partner in the last 12 months.

IF YOU ARE TO HAVE A COIL REMOVED AND REFITTED

Please abstain or use condoms for 1 week prior to appointment in case refit is not possible on the day.

ON THE DAY OF COIL FITTING

Occasionally you may feel faint and light headed when you have a coil fitted, for this reason we ask that on the day, you eat and drink normally, take mild analgesia such as Panadol or Ibuprofen, 1 hour before the appointment. Please do not bring children to the appointment; however, it is advisable to bring another person with you in case you need assistance to go home afterwards.